Ward 3B: the critical role of the consumer voice in designing a ward for those living with cognitive impairment

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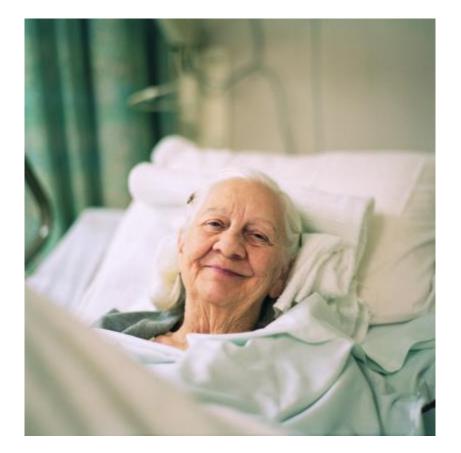
"Caring Together is my commitment to partner with you to ensure you feel heard, valued, supported and respected always."

**Caboolture and Kilcoy Hospitals** 

#### Ward 3B



## Cognitive impairment



#### 8 bed secure unit

# ChristineBryden.com



#### Staff feedback

"Christine was fantastic to work with, we were lucky to have her knowledge during the design phase."

*"I found having a consumer at our meetings was fantastic, they thought of things the clinical staff hadn't."* 

"Having Christine on board for the design stage was a fantastic call, her knowledge can be put down as paramount to the functionality of the ward for all future patients - appropriate space and appropriate care for the diagnosis they have."

## Christine Bryden



### Happened very quickly!

- Consumer advocate for people with dementia
- Admitted to hospital few times
- EOI for Clinical Council in Jan 2015, then interview, offer and first meeting in Feb 2015
   At May meeting, asked by CEO to advise on development of 32 bed ward

#### Meetings: 28 May & 4 June 2015

- Architects & senior hospital staff needed to come up to speed with designs and layout
- Many unfamiliar faces with acronyms
- Did feel listened to: e.g. about need for clear sightline to secure area from nurses station

#### Free workshop 12 June

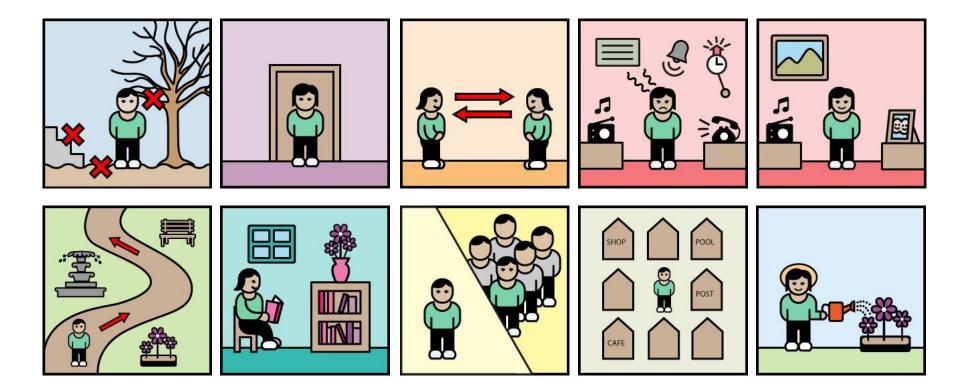
Impaired depth perception

## Spatial disorientation

## Altered colour perception

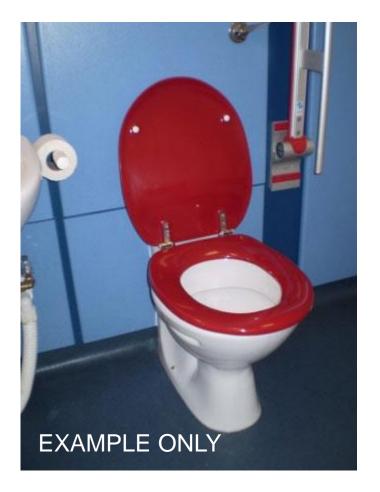
Reduced contrast perception

#### **Key design principles**



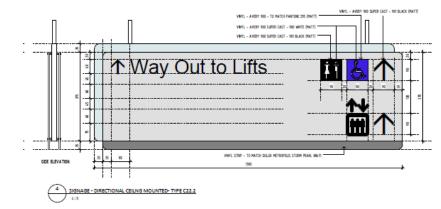
### **Selecting colours**

- Met architects to select colours and materials
- Chose soothing colours for bedheads, floors
- Contrasting colours in bathrooms
- Discussion of blue vs.
  red toilet seats



### Signage and way-finding

- Critical for patients & visitors
- Signs coming out of lift but how to find lift!
- Lines on floor, make signs large, not too high
- Very practical discussion, following path people would take from lift to ward





As consumer:

Warmly welcomed, listened to and respected

**Role in staff recruitment and training?** 

Find out what those acronyms mean?

**Experts in lived** 

experience as consumer

- part of hospital's team



