HCQ HEALTH CONSUMERS QUEENSLAND

Queensland Health Consumers Collaborative COMMUNIQUÉ

No. 3 - April 2017

Welcome to the Queensland Health Consumers Collaborative (Collaborative) newsletter. The Communique is a means for the Collaborative to inform the community of their role and ongoing progress.

The Queensland Health Consumers Collaborative is a joint initiative between Health Consumers Queensland and Queensland Health. This strategic, high level Collaborative is informing embedding of consumer partnerships at every level of planning, policy, delivery, monitoring and evaluation of services provided by Hospital and Health Services and the Department of Health. The Queensland Health Consumers Collaborative is chaired by Health Consumers Queensland which is funded by the Queensland Government.

Membership List

The Queensland Health Consumers Collaborative met on the 21st February 2017 with the meeting agenda focused on the My health, Queensland's future: Advancing Health 2026 (Advancing Health 2026) vision which was launched in May 2016 at Health Consumers Queensland first Annual Forum.

The Minister for Health and Minister for Ambulance Services, the Honourable Cameron Dick MP, established an Advancing Health 2026 Oversight Committee in November 2016 to monitor actions under Advancing Health 2026, provide advice to the Minister on opportunities for collaboration between all sectors of Queensland's health system and advice on progress made to achieve headline measures of success.

There are a total of 16 headline measures of success under the following four key directions of Advancing Health 2026:

- Promoting wellbeing
- Delivering healthcare
- Connecting healthcare
- Pursuing innovation

A briefing on the four key directions was provided to Collaborative members by Graham Kraak, Director Strategic Policy, Strategic Policy & Legislation Branch, Queensland Health. Graham indicated that like health systems worldwide, Queensland is facing significant challenges, including a growing and ageing population, high rates of obesity and increasing rates of chronic conditions such as cancer, mental illness and diabetes. Graham stated that it's not something that the health system can do alone, it involves the input of a whole range of agencies (both government and non-government) and

We acknowledge the Traditional Custodians on whose land we deliver a service and pay our respects to the Elders past, present and future.

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(07) 3012 9090 info@hcq.org.au how they can help guide decisions. A priority for the Advancing Health committee is obesity and the State Government is looking at many ideas and opportunities to address this issue.

Discussion then followed with an agreeance to determine how to utilise the Collaborative to assist with the agenda for the Advancing Health Committee to influence and drive change. It was agreed that the Collaborative will look at linking future meetings to closer alignment with the Advancing Health Committee meetings.

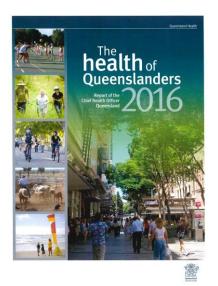
Looking Forward

In looking at the future direction for the Collaborative discussion was focused on how consumers and Queensland Health can work together around key issues which are going to make a real difference to the health of Queenslanders.

Chief Health Officer's Report Presentation

Kaye Pulsford, Executive Director, Preventative Health Branch, Queensland Health presented the Chief Health Officer's (CHO) Report 2016: The health of Queenslanders. The report is released every two years. The Collaborative members discussed the valuable information in the report and how to ensure the current and future reports are more accessible for consumers.

The report is available on the Queensland Health website: <u>https://publications.qld.gov.au/dataset/2016chief-health-officer-reports/resource/857ed117-3478-4318-92b6-1402799fe337</u>



Consumer Member Profile: Helen Mees



In 2012 Helen Mees, from Ipswich, walked 640 km to complete the Camino in northern Spain. The walk is a highlight of Helen's life and has taught her so much – that anyone can do anything.

What's remarkable about Helen's achievement is that she did this just 2 years after chemotherapy treatment and while living with chronic kidney disease and understanding she may get sick during the walk.

Thirty years ago Helen was diagnosed with IGA nephropathy and has been living with chronic kidney disease since. Helen is the mother of two adults living with a disability and has personal experience of the health system in many guises.

Her own experiences, coupled with listening to people's stories for many years gives her a depth of experience and understanding on a myriad of health consumer and carer issues and challenges. She brings that experience of other people's stories to the Collaborative.

Helen has a Masters in Human Services, Rehabilitation and Disability and has 20 years volunteer experience with Lifeline Telephone Crisis Support Service.