

Communicating Across Cultures

With the Application of Emotional Intelligence and Neuro plasticity.

A professional course developed and presented by Dr Farvardin Daliri OAM

Multiculturalism

Diversity

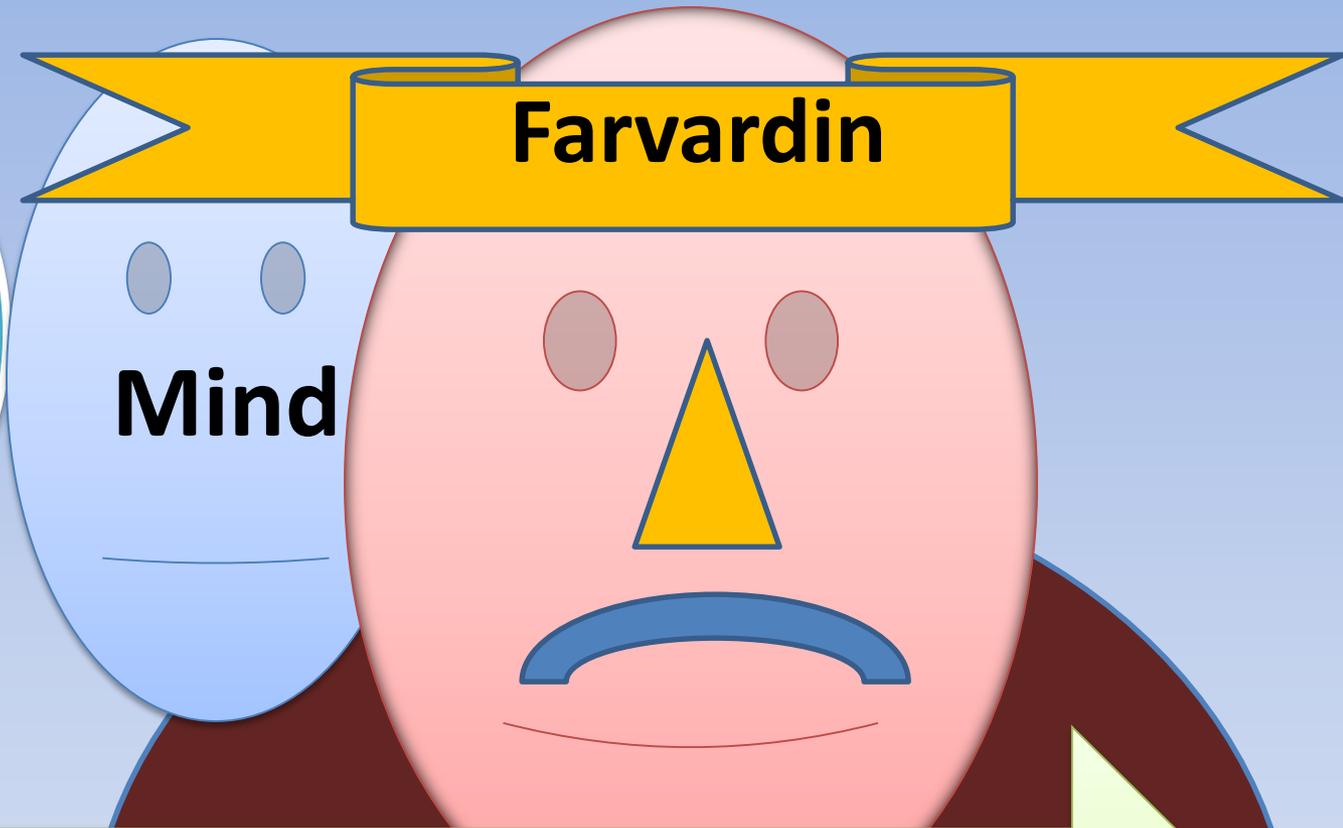
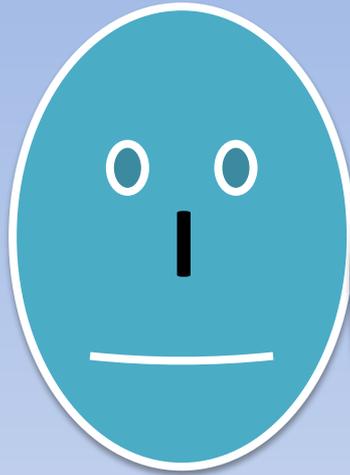
Freedom

Rule of law

Democracy

EMOTIONAL INTELLIGENCE

You can make a difference
YES, you can!



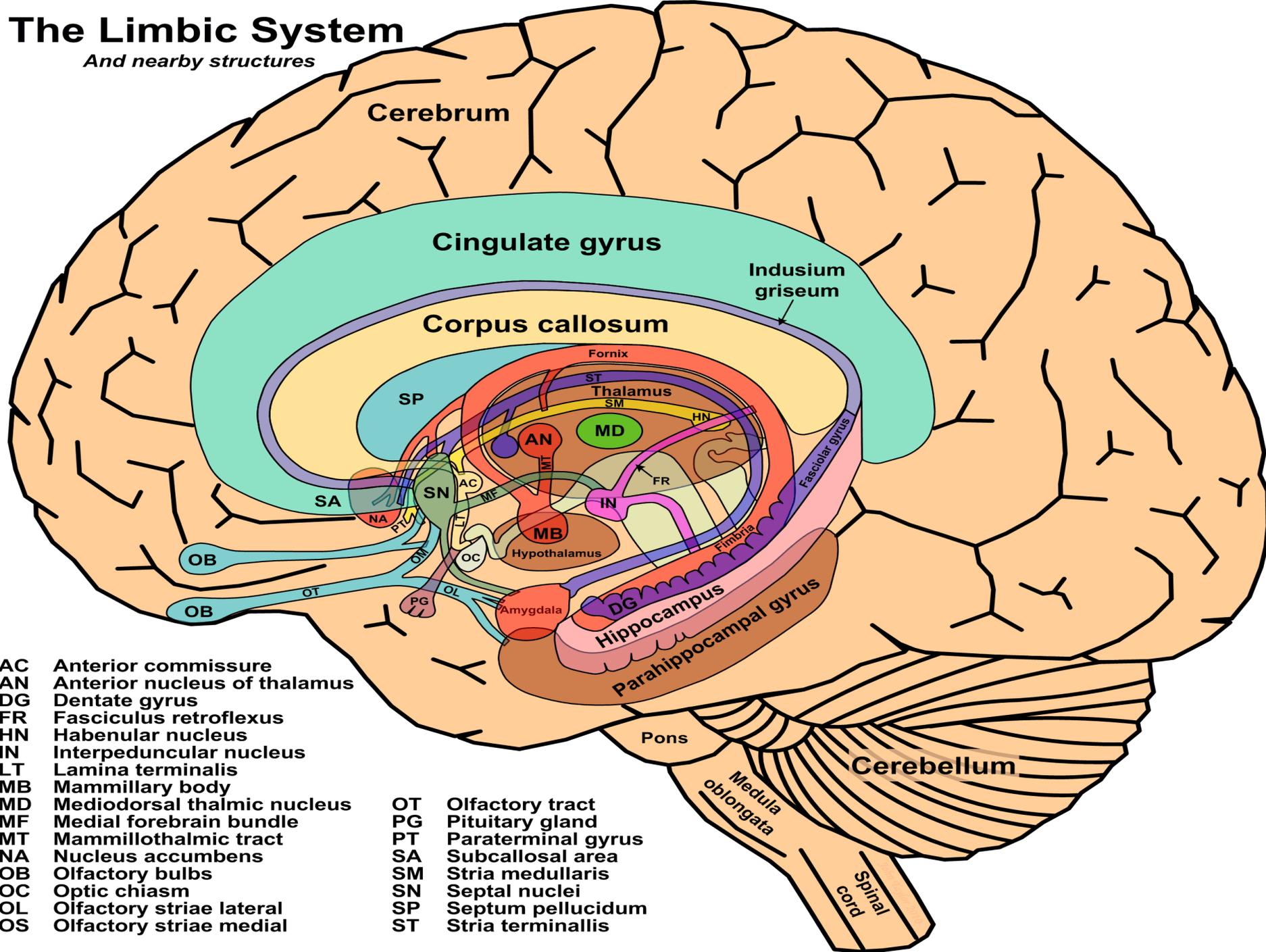
Farvardin

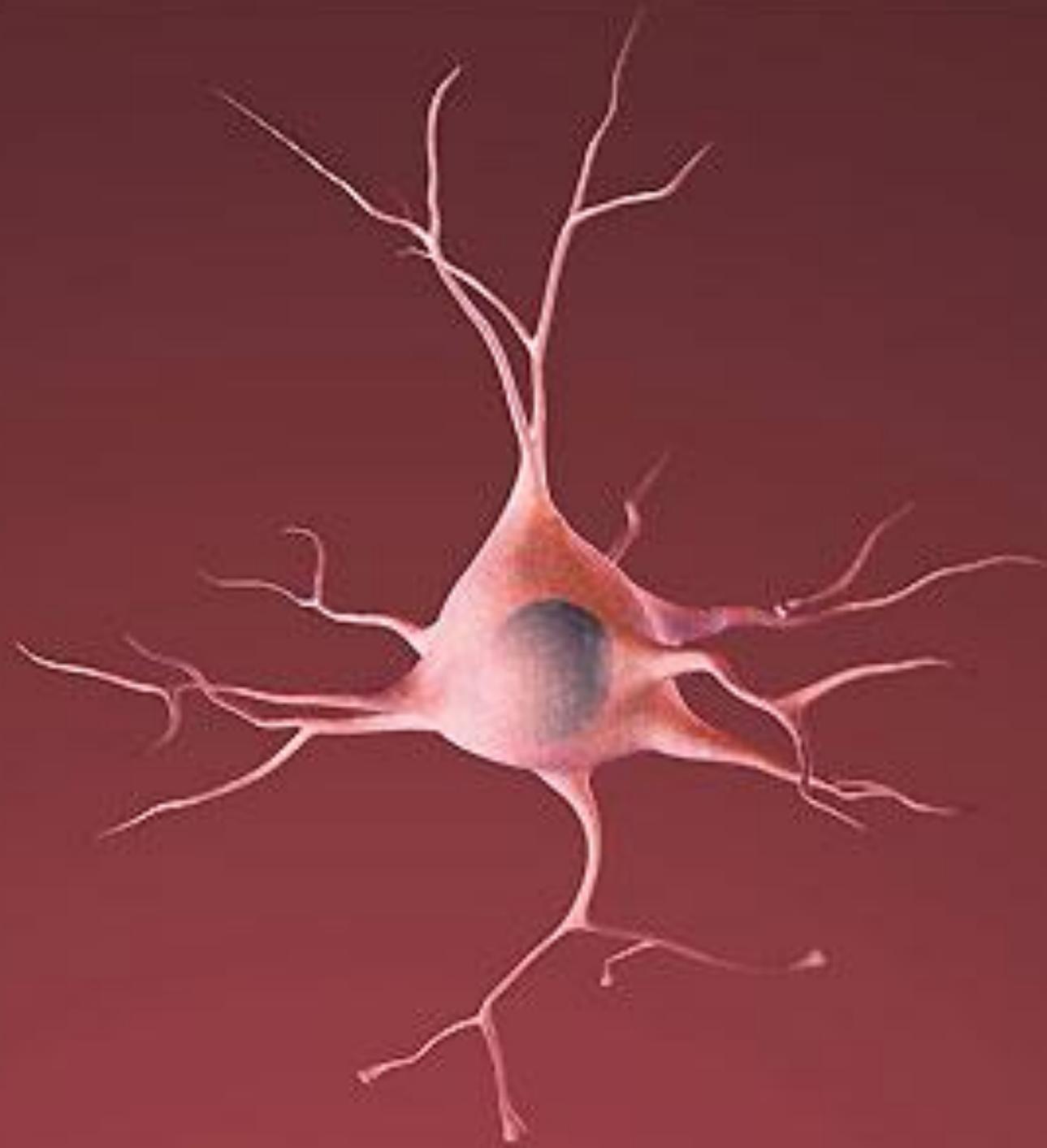
Mind

Habits, Addictions (ego)

The Limbic System

And nearby structures

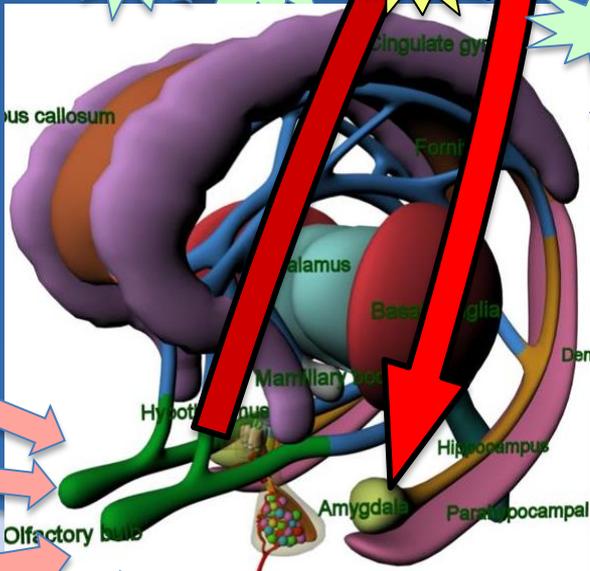






I

Memories



Vision

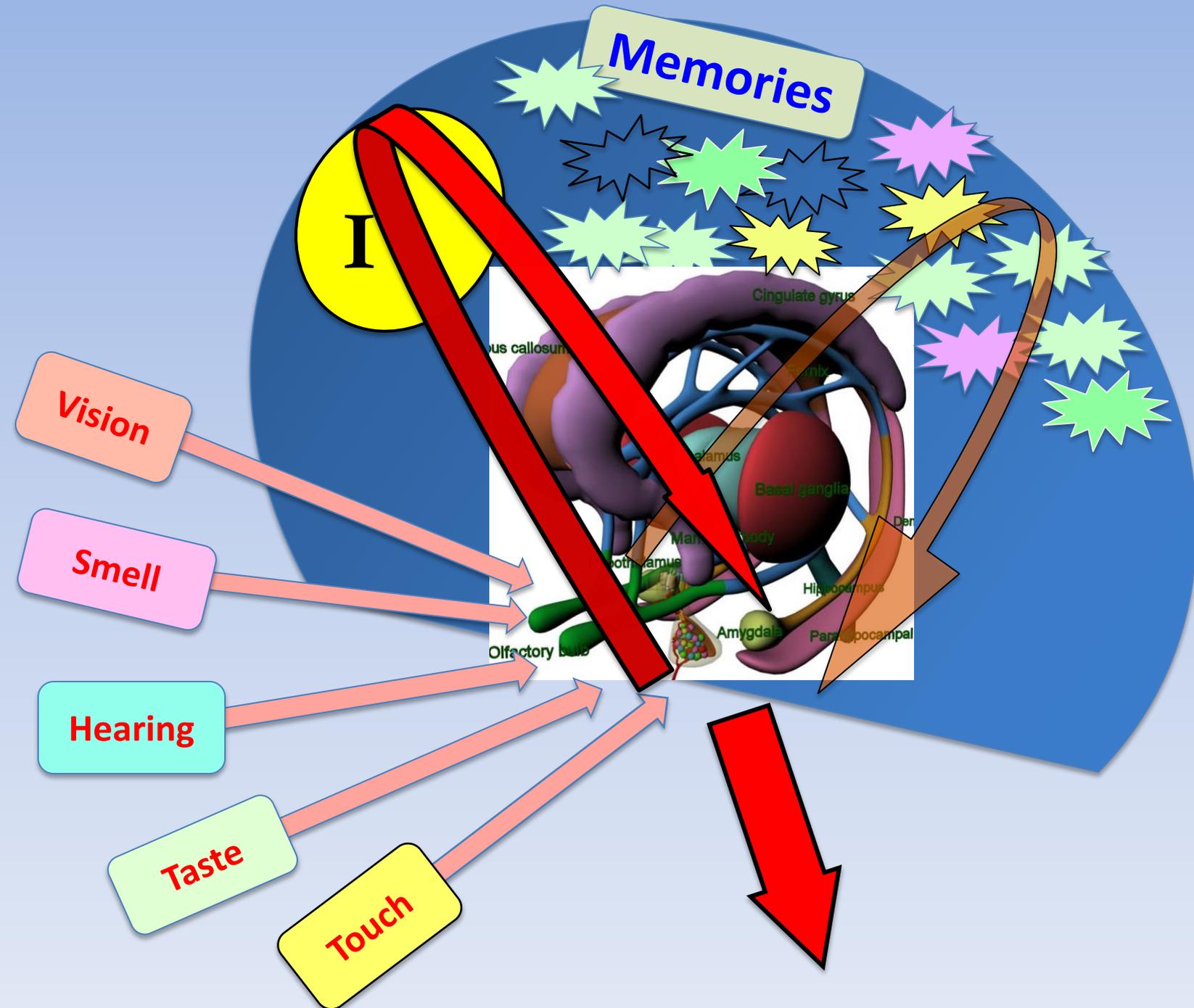
Smell

Hearing

Taste

Touch





I

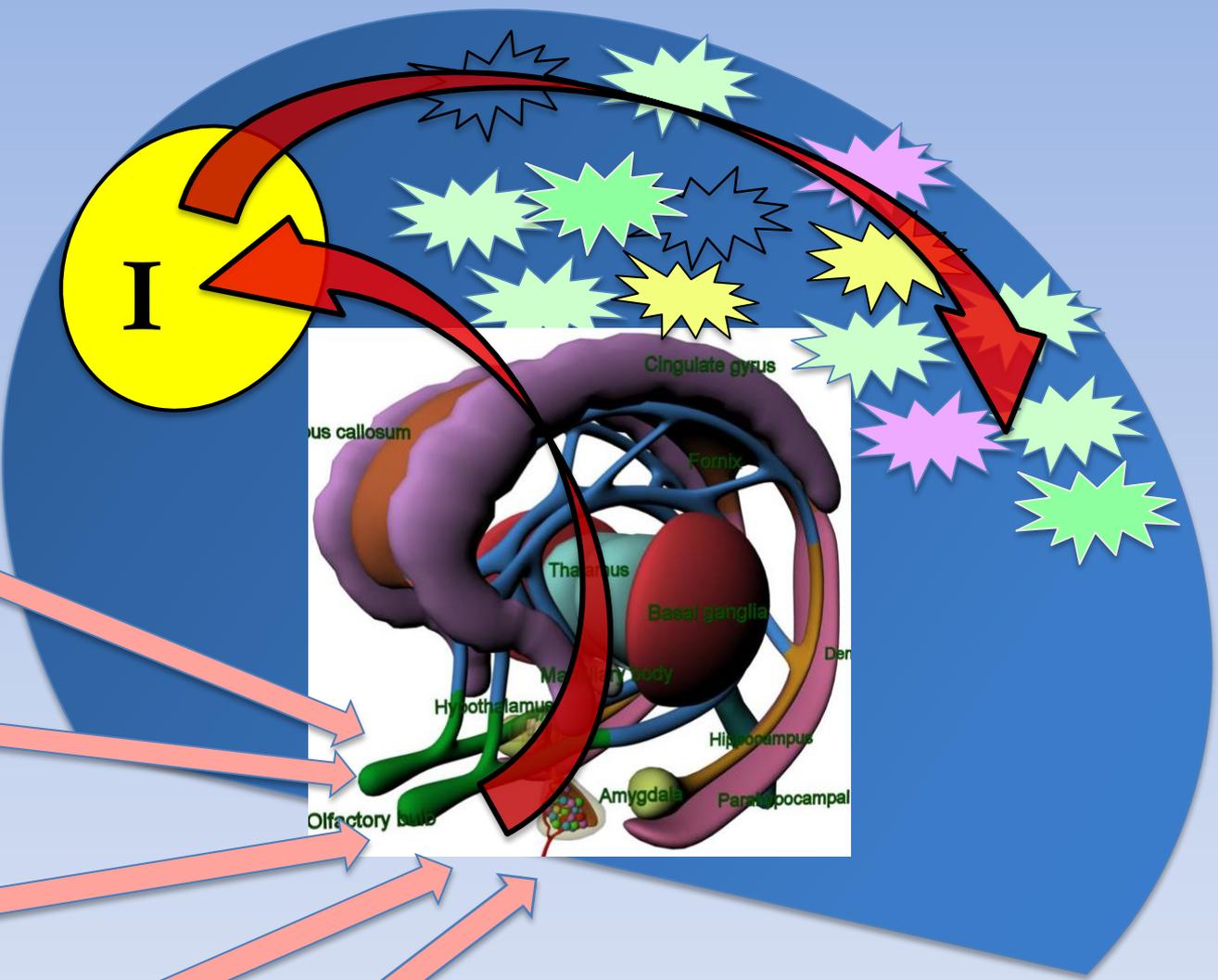
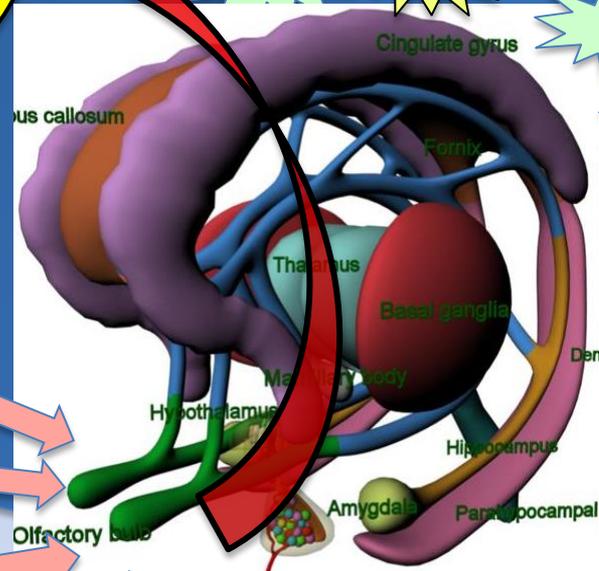
Vision

Smell

Hearing

Taste

Touch



When people indicate that you are not a nice person

Norepinephrine (Noradrenaline) neurotransmitter fires which causes:

Stress and Anxiety

Hyperactivity

Increased Blood Pressure

Pain

When you are reassured and feel confident / good about yourself

Serotonin neurotransmitter fires.

When you receive social validation

Dopamine neurotransmitter fires.

When you are afraid

Epinephrine (Adrenaline) neurotransmitter fires and causes:

Insomnia

Anxiety

Stress

Blood Sugar Imbalance,

Allergic reactions

There are 42 muscles on a human face which are responsible for all forms of emotional expressions and nonverbal communications. These muscle systems are identical in all human beings and their expressions are transcultural and universal. A joyful smile is a universal gesture and does not need an interpreter.



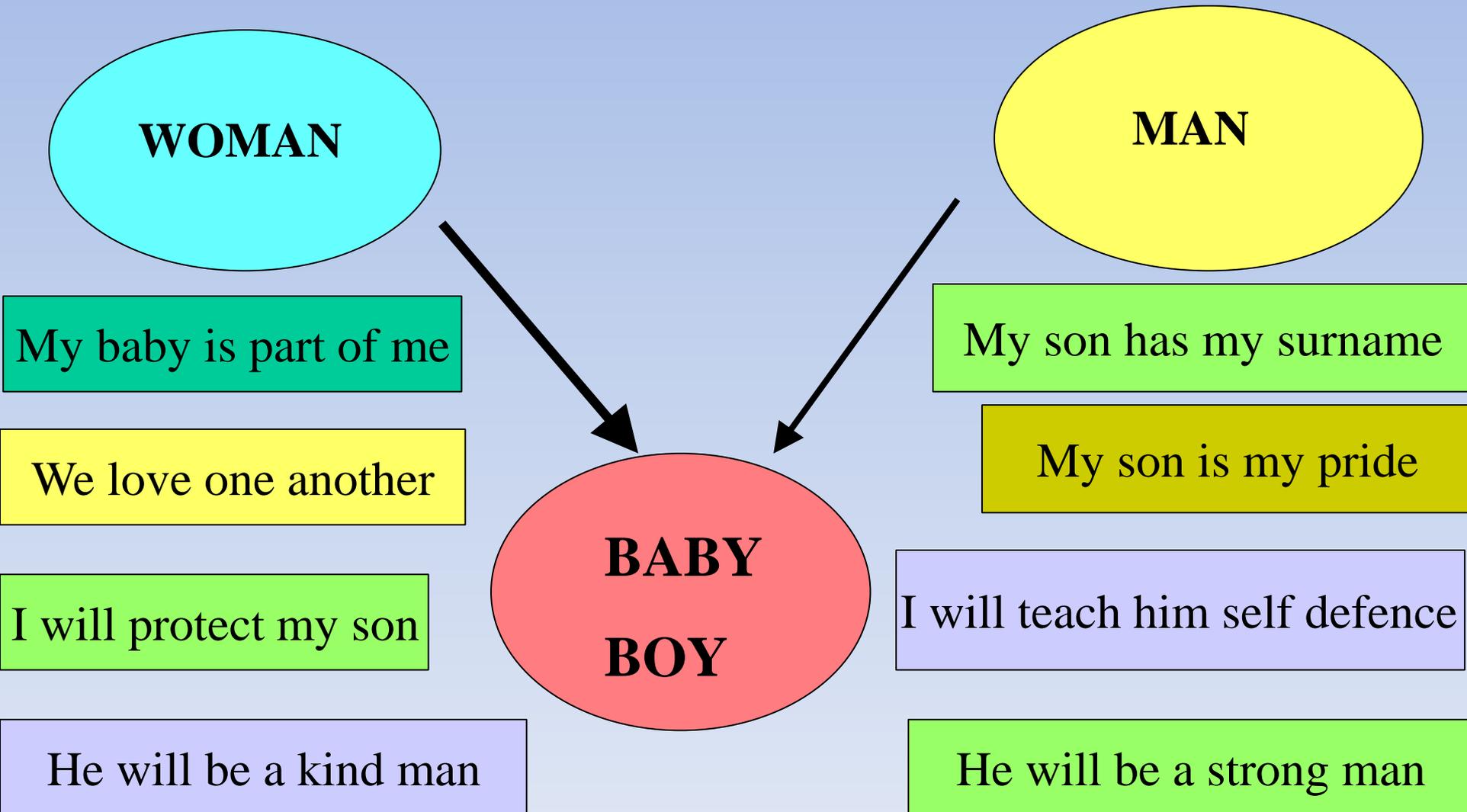
Story: Tonky Logan



Perspective



How a different perspective can produce a different view of the world



How a different perspective can produce a different view of the world

An Aboriginal man

Mother nature

I belong to the land

I am a custodian of land

I love nature

A white man

Farvardin

Material wealth

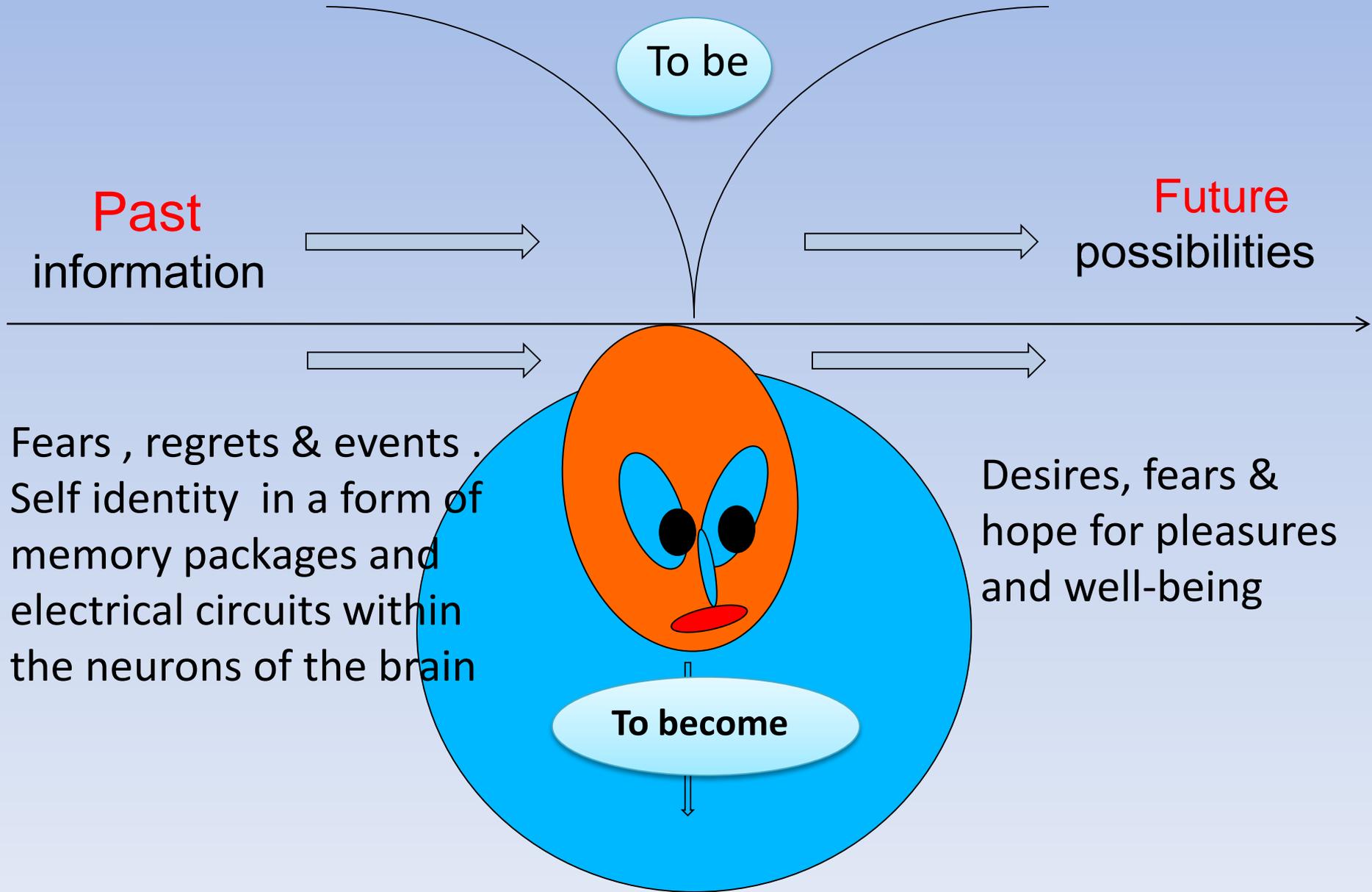
I own the land

I am an explorer & exploiter

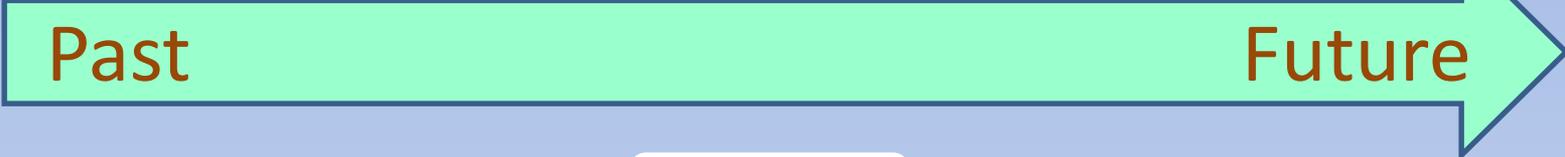
I use nature

Land

Power of moment



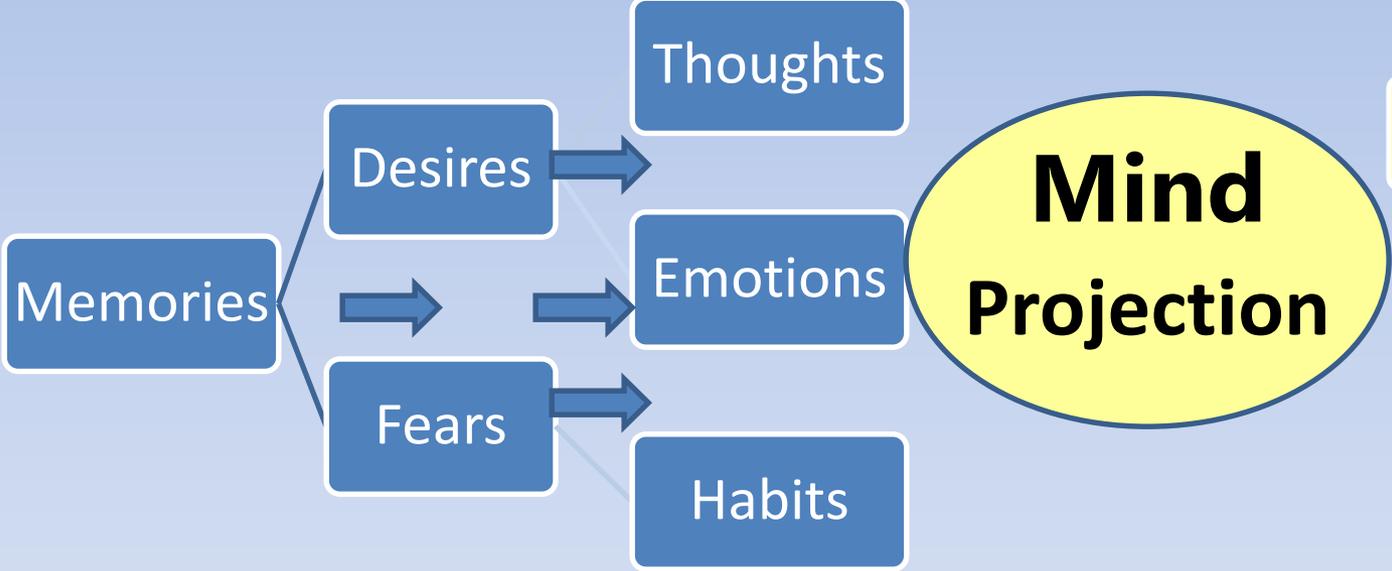
General Theory



Fears

Wishes

Obstacles



Destiny/Karma

Place

Time

Expectations

Repeat of the past events

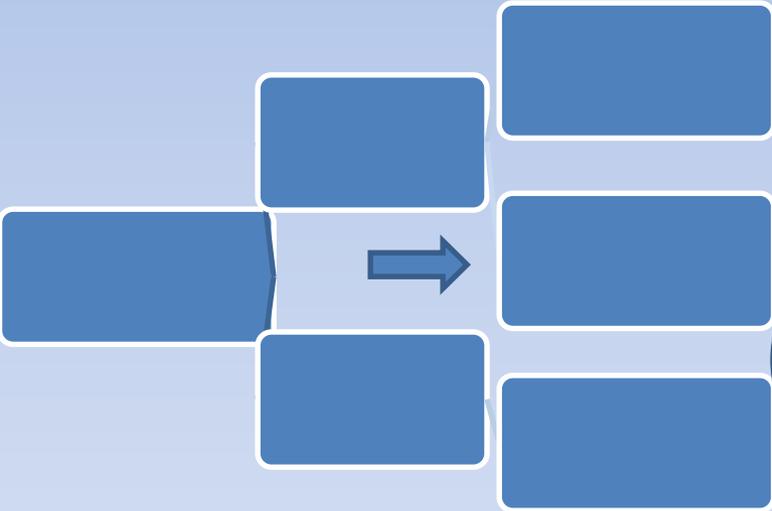
Infinite field of possibilities,
inspirations and creativities

Joy

Infinite
space

*New
awareness*

Present moment



**Mind
Potentials**

New Understanding

No destiny /Karma

Peace with self & the rest

Present moment

Past

Future

General Theory

**In harmony and connection
with the Universe**

Infinite field of possibilities,
inspirations and creativities

General Theory

Useful
information

Positive
learning

Useful
lessons

Realistic
records

Factual
data

Fast access

**Mind
Potentials**

Present moment

Present moment

Joy

Infinite
space

*New
awareness*

Good decisions

No destiny /Karma

Peace with self & the rest

Past

Future

**In harmony and connection
with the Universe**