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young adult
health centre
brisbane.



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MATER YOUNG ADULT HEALTH CENTRE BRISBANE

*A SERVICE FOR YOUNG PEOPLE
SHAPED BY YOUNG PEOPLE*



KELSIE DUMMETT – MATER YOUTH CONSULTANCY
GREG MCGAHAN – MANAGER



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OUR JOURNEY



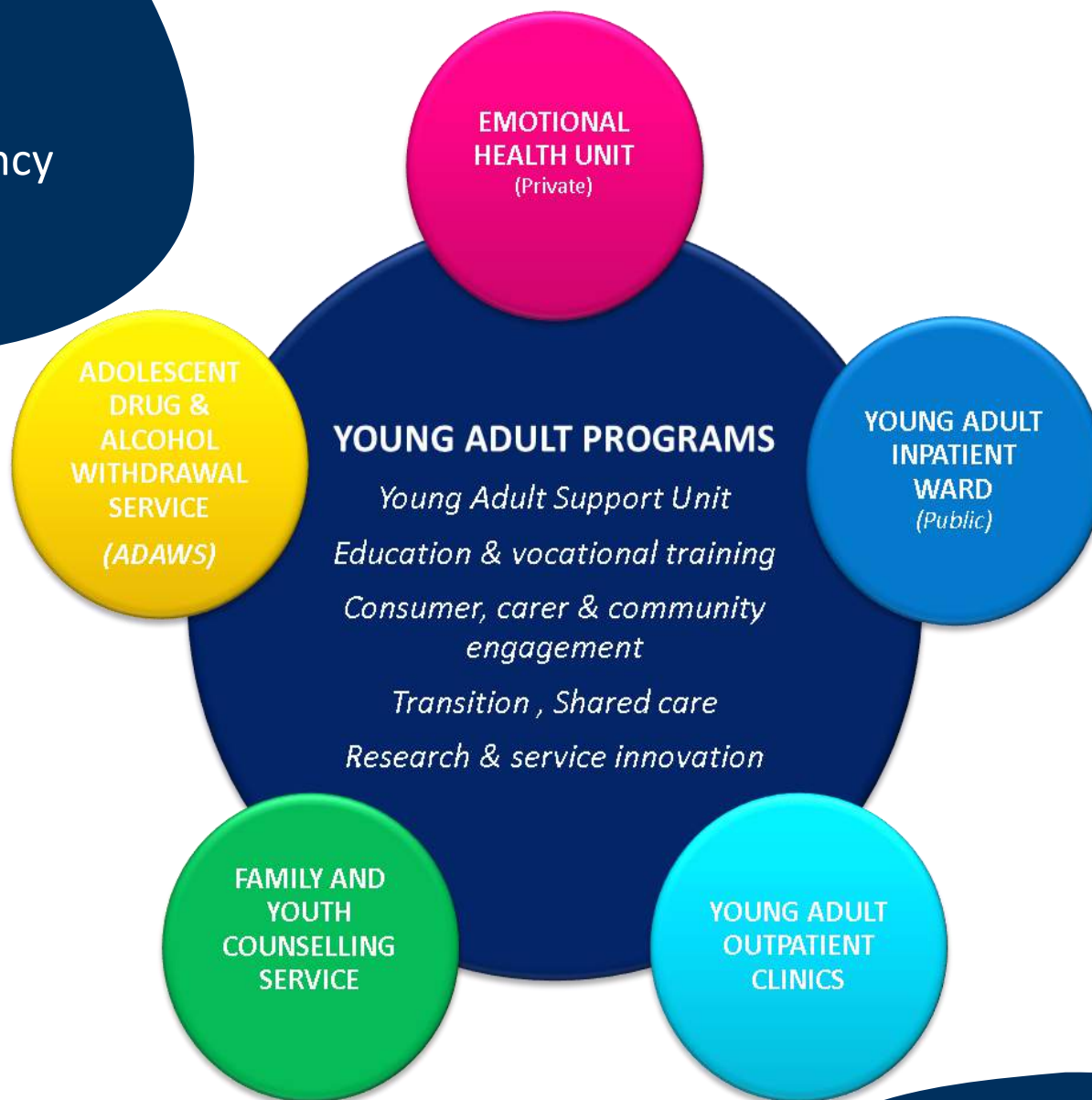
- Identified need for consumer input during service planning mid 2014
- Group established August 2014
- Membership of 14 young people – many with lived experience, some students & refugee input.
- Fortnightly meetings (now monthly)
- Terms of reference & minutes
- Average 4-6 young people per meeting



THE CENTRE



Mater Youth Consultancy
Central to Model



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SOME ACHIEVEMENTS



- Work with marketing on naming and branding
- Input with service plan around look & feel of ward / outpatient department
- Young Adult Support Unit (YASU)
- Environmental sustainability
- High quality outdoor spaces
- Gym on ward
- Room in capacity on ward
- Free wifi
- Orientating new nurses
- Stakeholder group in redesign of research consent process
- Designed & participated in 1 year celebration event



CONSUMER INITIATED RESEARCH



- August 2014 - “Do something to help our parents”
- Problem: Parents can struggle as young person moves from paediatric to young adult care
- January 2016 - appointed research fellow
- Now Ethics application for Transfer of illness responsibility project



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KELSIE'S MOTIVATION



- **My health experience**
 - Introduced to alternative world in 2012
 - In and out of Hospital for three years.
- **Involved to create change**
 - The world they had created was not for me, I had an opinion to share, maybe now some one would listen.
 - “If not me, who? If not now, when?”
- **My health experience shapes my motivation to better the health care system for young adults**
 - We have been actively involved to shape the centre.
 - Receiving care at the Mater Adult’s main building reminds me how instrumental this service is.
- **Before MYC – what was consumer participation?**



[Kelsie’s Story]

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KELSIE & MATER YOUTH CONSULTANCY



- **My experience of MYC**
 - It is beneficial for the hospital and the patient involved: I have learned skills about project development and events management to use with my university studies
- **The Learning experience of Consumers and Health**
 - How do you accurately build a service for people you don't understand?
- **Best parts of the experience:**
 - Having power within a big system
 - Seeing ideas come to fruition
 - Developing tangible solutions
 - Organising events and being proud of what was created
- **Worst Parts of the experience:**
 - Momentum to produce more.



[Kelsie's Story]

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THE FUTURE



- Looking at how model can evolve
- Teleconference with Werry Centre consumers Friday
- Ideas around peer mentors
- Corporate partner mentorship of group
- Consumers managing youth space
- Move from consultation to partnership



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