Spiritual Care Kitchen Table Discussions

Health Consumers Queensland has an opportunity for three consumers or carers to host a Kitchen Table Discussion on Spiritual Care in Palliative Care with their local community members.

Closing date: 4pm, Thursday 19th November 2020

About the project

Health Consumers Queensland is offering consumers and carers in metro, regional and rural areas the

opportunity to facilitate consultation with their local community on **Spiritual Care in Palliative Care**.

Palliative Care Queensland has contracted Health Consumers Queensland to undertake this consumer

consultation. There will be three Kitchen Table Discussions hosted throughout Queensland.

**Spiritual care** is an essential component of palliative care. It can be offered by secular, spiritual, religious

and faith practitioners, who may be paid or volunteers, and their communities. It can be offered to people and their loved ones from diagnosis of a life limiting condition into bereavement.

The project aims to understand current supports available in relation to spiritual and religious care when

people are experiencing loss, ageing, dying and grief; the gaps and opportunities for

improvement; how might these supports be better accessed/delivered during a disaster (such as the

COVID-19 pandemic); and share patient experiences and stories about end of life.

**•** One kitchen table discussion will be held in a **Regional area**

**•** One kitchen table discussion will be held in an **Urban area**

**•** One kitchen table discussion will be held in a **Rural or Remote area**

**We would like to hear from consumers and carers from a mix of secular, spiritual, religious, faith and**

**cultural backgrounds.**

About Kitchen Table Discussions

Kitchen Table Discussions are community engagement sessions led by local people for local people. They allow individuals and small groups to participate in discussions at a time of day, and in a place, that suits them. The discussions enable health consumers, carers and community members who do not ordinarily participate in healthcare consultation to have their say in a safe and supportive environment.

Each Kitchen Table Discussion will be led by a **Consumer or Carer Host** with a strong community network to invite them to a discussion in a location of their choosing. The Host guides the discussion with a set of questions provided to them and reports back the outcomes to Health Consumers Queensland.

Role of the Discussion Host

As the host your role will be to plan, coordinate and facilitate a once-only 90-minute discussion with six community members which can be held online via Zoom or Skype or in-person following COVID-19 guidelines. This includes:

* Inviting participants who would be interested in being part of a discussion on this important subject. They will be your local community connections (ideally, people who do not normally have their voice heard in healthcare).
* Choosing a venue, time and date between **25th November to 11th December** that works for your participants.
* Host the session.
* Provide your feedback to Health Consumers Queensland **by Thursday 14th December 2020.**

To support you with this, you will receive:

* **Training via a Zoom video conference call 24th November 2020. Zoom is free to download.**
* A comprehensive Discussion Host Guide.
* Questions to ask participants during the discussions, agenda and report template.
* Support from Health Consumers Queensland to ensure you have a successful session.

Who are we looking for as Consumer or Carer Hosts?

We would like our hosts to have personal experience or an interest in Palliative Care and who have strong community connections. We are also interested in representing the views of a range of consumers who may not typically have a say in healthcare. To achieve this, we are particularly looking for hosts who are consumers and/or carers and can demonstrate they have strong links with their communities.

Remuneration and Support

**Hosts –** you will be remunerated at Health Consumers Queensland’s day meeting rate of $374 for an in-person session or $187 if you are hosting your session online. You will also be reimbursed up to $70.00 to cover catering for your in-person session (**on return of receipts**).

**Participants –** Health Consumers Queensland will post a $60 gift voucher to each Kitchen Table Discussion participant for their time.

How to apply

**Please complete this application form and return it to**[***consumer@hcq.org.au***](mailto:consumer@hcq.org.au)**by 4.00pm on19th November 2020.**

For assistance completing this application please contact Health Consumers Queensland via [projects@hcq.org.au](mailto:projects@hcq.org.au) or by phone on 07 3012 9090.

For queries relating to this opportunity*,* please email Anne Curtis, Engagement Consultant – Specific Projects, Health Consumers Queensland at [anne.curtis@hcq.org.au](mailto:anne.curtis@hcq.org.au)

**Consumer Application Form**

**Kitchen Table Host for Palliative Care Queensland**

**Spiritual Care in Palliative Care**

Full name:

Preferred phone number:

Email:

Postal address:

Postcode:

* By completing this application, I consent for my details to be added to the Health Consumers Queensland network database YES | NO
* I would like to receive email updates from Health Consumers Queensland YES | NO
* Would you like us to retain this application for future vacancies? *(Applications not retained are destroyed once the application process is complete.)* YES | NO

Please highlight any group you identify with:

* Aboriginal people and Torres Strait Islander people
* Connected with Palm Island
* Young people and older people
* Living with a disability/chronic condition
* Caring for someone with a life limiting condition
* Rural and remote
* Culturally or linguistically diverse
* From a non-English speaking background

Do you identify as: Aboriginal | Torres Strait Islander | Both | Prefer not to state?

Are you a: Consumer | Carer?

Age range: 16-24 25-29 30-39 40-49 50-59 60-69 70+

* **In 250 words or less, please describe your community connections and networks that you can draw on to host a successful and inclusive kitchen table discussion.**
* **In 250 words or less, please describe:**
  1. **Your knowledge or involvement with Palliative Care**
  2. **Why you would like to host a kitchen table discussion with your community on Spiritual Care**