Consumer and Carer Opportunity

Mental Health Review Tribunal (MHRT) Kitchen Table Discussion Hosts

Health Consumers Queensland has an opportunity for 8 consumers and/or carers to lead a consultation with their local community through a kitchen table discussion to learn about their understanding of and/or experience with the Mental Health Review Tribunal (MHRT).

Closing date: 4:00pm, Friday 30th July 2021

About the project

Health Consumers Queensland has been contracted by the Mental Health Review Tribunal (the Tribunal) to undertake consultation with Queenslanders about their understanding of and experience with the Tribunal.

The primary purpose of the Tribunal is to review the involuntary status of persons with a mental illness and/or intellectual disability. The Tribunal also provides approval for the performance of electroconvulsive therapy and non-ablative neurosurgical procedures. The Tribunal is an independent decision-making body under the Mental Health Act 2016 and is not part of any health service or treating team.

The Tribunal, through two rounds of Kitchen Table Discussions, is seeking to explore Queenslanders’ understanding of the MHRT and its processes, and their experiences of engaging with the Tribunal – before, during and after hearings.

The consultations will inform the development of the Tribunal’s Lived Experience Engagement Framework, Tribunal Member Engagement Guide, and practice improvement projects within the Tribunal.

The first round of Kitchen Table Discussions was undertaken during February 2021. It provided some critical feedback and highlighted areas for improvement in the way that the Mental Health Review Tribunal engages with consumers and their families, particularly in relation to pre-hearing and during hearing processes. There were some common themes arising from the Report suggesting opportunities for improvement in relation to cultural understanding and support, family and Carer involvement, documents and forms for consumers, and support for consumers to understand and attend hearings. The Mental Health Review Tribunal now seek to expand on that feedback in the second round of Kitchen Table Discussions, particularly in relation to the hearing and post hearing processes, to further their understanding and to assist in developing direction/s for engagement with consumers.

About Kitchen Table Discussions

Kitchen Table Discussions are consultation sessions led by local people for local people. They allow small groups to participate in discussions at a time of day, and in a place, that suits them. The discussions enable health consumers, carers and community members who do not ordinarily participate in healthcare consultation to have their say in a safe and supportive environment.

Each Kitchen Table Discussion will be led by a **Consumer or Carer Host** with a strong community network. The host will invite up to 6 community members to a discussion in a location of their choosing. If hosting a session online via Zoom or Skype, the host will invite five community members to participate.

The Host guides the discussion with a set of questions provided to them. After the session, the host provides their participants’ feedback to Health Consumers Queensland.

Role of the Discussion Host

As the host, your role will be to plan, coordinate and host a once-only 90-minute discussion with community members. This includes:

* Inviting community members who would be interested in being part of the discussion on their experience of the Mental Health Review Tribunal. They will be your local community connections (ideally, people who do not normally have their voice heard in healthcare).
* Choosing a time, date and venue between **4th and 20th of August 2021,** that works for your participants.
* Host the session.
* Complete and provide the discussion feedback to Health Consumers Queensland **by COB 23rd August 2021.**

To support you with this, you will receive:

* **Training via a Zoom video conference call. Zoom is free to download.**
* A comprehensive Host Guide and toolkit with all printed documentation.
* Questions to ask participants during the discussion.
* Support from Health Consumers Queensland to ensure you have a successful session.

Who are we looking for as Consumer or Carer Hosts?

We would like our hosts to have strong community networks and have lived or living experience of engagement with the Tribunal (as a consumer or carer/family member) within the past 5 years.

We are particularly interested in hearing from consumers and carers/family members who identify as or with the following experiences:

* Aboriginal and Torres Strait Islander people
* Culturally or linguistically diverse
* Young people (or carers of young people)
* Live in a rural or remote area
* Receive or received treatment under a Forensic Order (or your loved one receives or received treatment under a Forensic Order)

Remuneration and Support

**Hosts –** you will be remunerated at Health Consumers Queensland’s day meeting rate of $374 for hosting an in-person session at a venue and $187 if hosting an online session. You will also be reimbursed up to a maximum of $70 to cover catering and venue costs for your in-person session (on return of receipts).

**Participants –** Health Consumers Queensland will provide a $60 gift voucher for each participant for their time.

How to apply

**Please complete this application form and return it to**[***projects@hcq.org.au***](mailto:projects@hcq.org.au)**by 4.00pm on *Thursday 29th July 2021.***

For assistance completing this application please contact Health Consumers Queensland via [projects@hcq.org.au](mailto:projects@hcq.org.au) or by phone on 07 3012 9090.

For queries relating to this opportunity*,* please email Anne Curtis, Engagement Consultant – Specific Projects, Health Consumers Queensland at [anne.curtis@hcq.org.au](mailto:anne.curtis@hcq.org.au)

**Consumer/ Carer Application Form**

**Kitchen Table Host for the Mental Health Review Tribunal (MHRT) Statewide Consultation**

Full name:

Preferred phone number:

Email:

Postal address:

Postcode:

* By completing this application, I consent for my details to be added to the Health Consumers Queensland network database YES | NO
* I would like to receive email updates from Health Consumers Queensland YES | NO
* Would you like us to retain this application for future vacancies? *(Applications not retained are destroyed once the application process is complete.)* YES | NO

Please highlight any group you identify with:

* Aboriginal and Torres Strait Islander people
* Culturally or linguistically diverse
* Young people (or carers of young people)
* Live in a rural or remote area
* Receive or received treatment under a Forensic Order (or your loved one receives or received treatment under a Forensic Order)

Do you identify as: Aboriginal | Torres Strait Islander | Both | Prefer not to state

Are you a: Consumer | Carer

Age range: 16-24 25-29 30-39 40-49 50-59 60-69 70+

* **In 250 words or less, please describe your community connections and networks that you can draw on to** **bring together people who have lived or living experience of engagement with the Tribunal (as a consumer or carer/family member) within the past 5 years/**
* **In 250 words or less, please describe:**
  1. **Why you would like to host a kitchen table discussion with your community members on their experience with the Mental Health Review Tribunal (MHRT)?**