

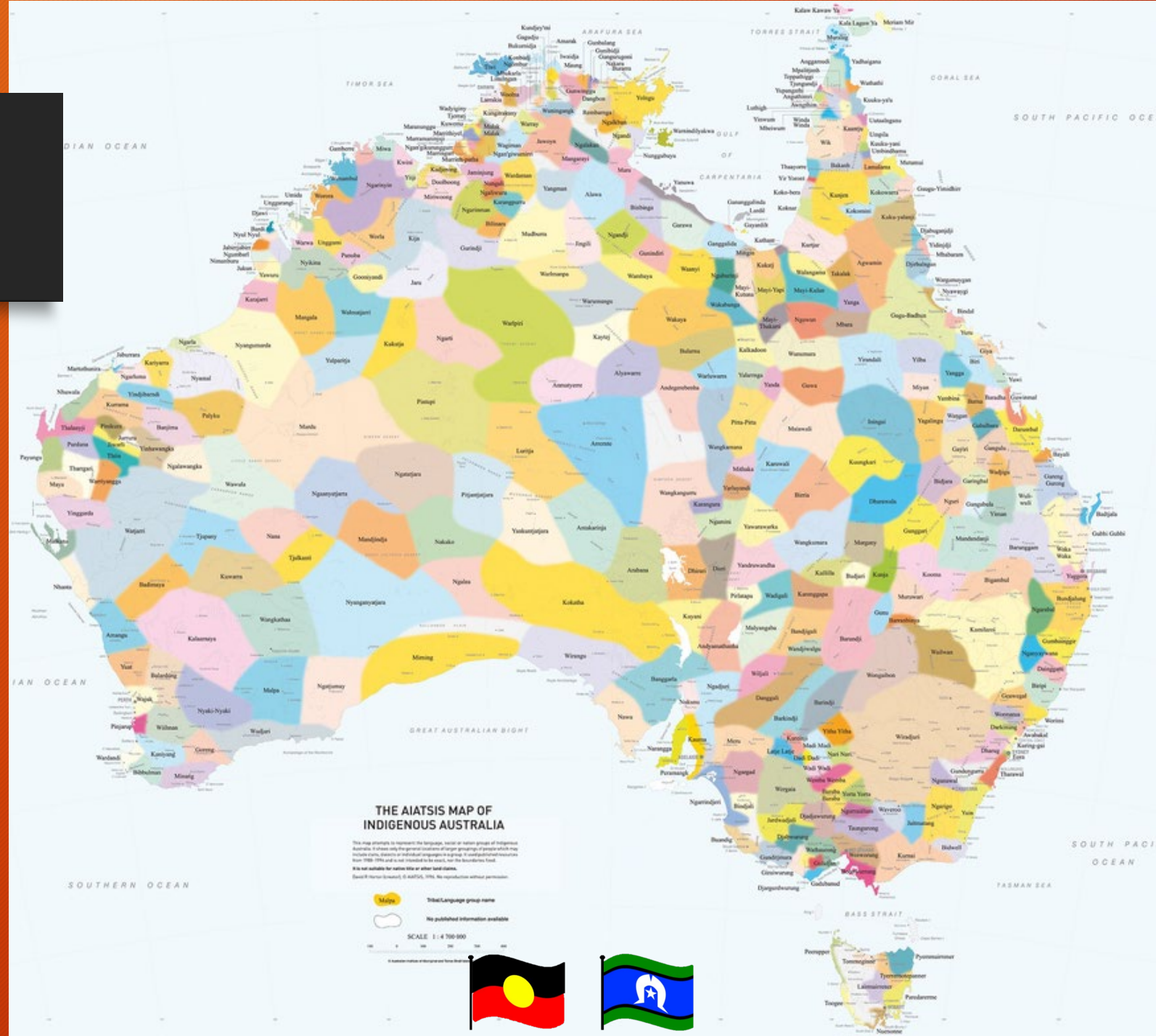


Key issues for First Nations health consumers:  
COVID-19 in our communities



# ACKNOWLEDGEMENT OF COUNTRY

- Let us acknowledge the Traditional Owners of the lands we are all living and working on today.
- Let us pay our respects to their Elders past present and emerging. Let us acknowledge their ongoing connection to the land and waters and that their sovereignty was never ceded.





# WHO ARE WE?



Lynda Maybanks  
HCQ First Nations Consultant  
Yugara Country,  
South East Queensland

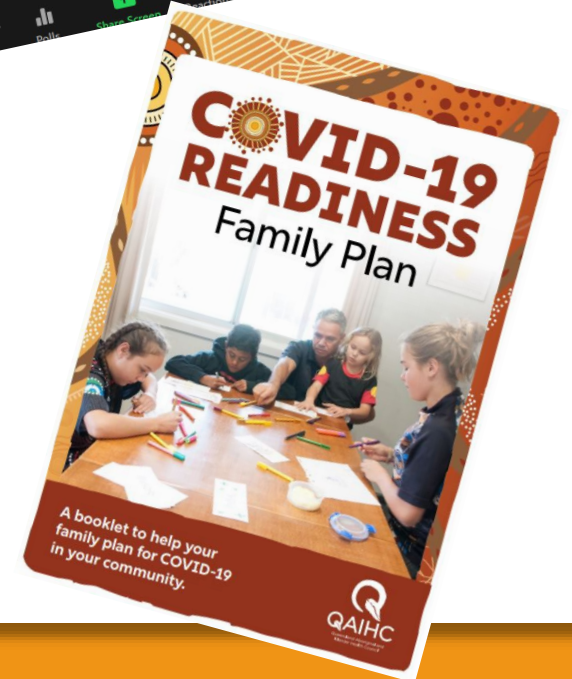


Talei Elu  
HCQ First Nations Health Consumer  
Seisia community,  
Torres Strait Island community  
from Cape York



# A BIT OF BACKGROUND

- **Amplifying Aboriginal and Torres Strait Islander voices Project**
  - March 2021 - October 2021
  - 189 consumers engaged
  - Various modes (online forums, yarning circles, project reference group, solution design workshop, staff online survey, rapid response).
- **November 2021-December 2021**
  - Review the QAIHC family Plan
  - Review the Community Champion concept



# First Nations Health Consumer Yarns: COVID in our Communities

- The group was brought back together to share their experiences over the New Year surge.
- 2 online sessions held on 17 January:

Getting tested  
should have  
been easier

Vax side effects  
were not talked  
about enough

Assessing and  
monitoring  
misinformation

Tailored comms  
is more than  
language

Invest in  
community to  
distribute info



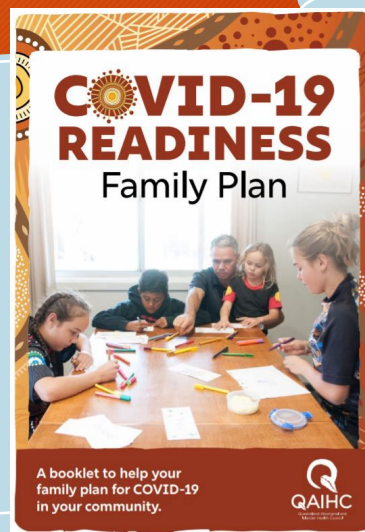


# What was done well?

Vaccination roll out



QAIHC family plans



There was good and quality information



# Getting tested should have been easier

*“If people need things and do not have the support or know of where to get the support, they will probably just go out and get it themselves. This can cause outbreaks, especially in small towns”*

*– First Nations Health Consumer.*



Vax side effects were not talked about enough

*“When the nurses and doctors didn’t believe my side effects it made me feel very upset and like I wasn’t being listened to”*

*– First Nations Health Consumer.*



# Assessing and monitoring misinformation

*“It is no longer an issue about if the information is there, now it is a choice for people to take on the right information”. – First Nations Health Consumer*

# Empowering community to identify misinformation





# Tailored comms is more than language

*“You can’t just translate generic messages and that’s it, you need to also include cultural considerations”. – First Nations Health Consumer*

# Examples of community adapted resources

## WAYS YUMI CAN REDUCE HOUSEHOLD TRANSMISSION COVID-19

E easy for Covid por spread inside lor house. Take steps for avoid passing on germs.

### Isolation room tips

- If someone whotha gad Covid is isolating in a room or bedroom, the infected air may till get out from the cracks underneath lor door.
- Put towel or fabric underneath lor door for stap infected air for get out



## WAYS UMI CAN STOP THE SPREAD OF COVID-19

Waipe ol gate,  
door knob,  
remote control,  
phone, kettle,  
cabinet.  
Po stap  
Covid-19 prom  
spread ebrive.

You can use soapy water or spray and wipe for wipe down and clean surfaces



## TALKING TO YUMI KIDS ABOUT COVID-19

Think of Covid-19 germs like wet paint on your hands

Covid-19 germs e invisible.

That is why e easy for catch.

You can think of Covid-19 germs like e paint.

If someone whotha gad Covid and thempla e cough or sniz on thempla hands, they now gad the germ on their hands.





# Invest in community to distribute information

*“Mob know how to talk to mob. It is a missed opportunity when they are not utilised” – First Nations Health Consumer*

# Suggested Actions

More promotion  
about social  
supports

More priority  
testing and  
testing options

Develop  
communications  
in partnership  
with communities

Invest in  
community to  
distribute  
resources

Invest in  
community to  
assess information