Consumer and Carer Opportunity

Host a Kitchen Table Discussion/Yarning Circle to develop stronger Compassionate Communities in Central Queensland, Wide Bay, and Sunshine Coast regions

Health Consumers Queensland has an opportunity for three consumers and/or carers living in the Noosa, Emerald, Gladstone and Bundaberg regions to host a Kitchen Table Discussion or Yarning Circle with local community members to inform the development of stronger Compassionate Communities.

Closing date: 4pm, 20th November 2022

**What are Compassionate Communities**

Compassionate Communities are communities in which everyday people, just like you, play a role in supporting others in your community as they age, near the end of their life, or through death and grief​. For example, they may do this by sharing resources or supporting a community member with everyday tasks. This is something many people do naturally.

Compassionate Communities are a community that recognises that all-natural cycles of sickness and health, birth and death, and love and loss occur every day within the orbits of its institutions and regular activities. Its residents recognise that care for one another at times of crisis and loss is not simply a task solely for health and social services but is everyone’s business. \*

Compassionate Communities are a core part of the public health approaches to palliative care model. Compassionate Communities publicly encourage, facilitate, support, and celebrate care for one another during life’s most testing moments and experiences, especially those pretraining to serious illness, dying death and grief.

<https://palliativecareqld.org.au/wp-content/uploads/2020/04/What-is-a-compassionate-community.pdf>

**About the project**

Central Queensland, Wide Bay, Sunshine Coast Primary Health Network (PHN) are looking to support their community members caring for others through providing them with:

* networks of local people with shared roles and values,
* access to key resources to support them to continue to play this role and
* to hear from them what else is needed to support this community led work.

The Kitchen Table Discussions and Yarning Circles will assist the PHN to understand what support and resources are most needed by the community.

**About Kitchen Table Discussions and Yarning Circles**

Kitchen Table Discussions and Yarning Circles are consultation sessions led by local people for local people. They allow small groups of up to 10 community members to participate in discussions at a time of day, and in a place, which suits them. The discussions enable health consumers, carers and community members who do not ordinarily participate in healthcare consultation to have their say in a safe, informal, and supportive environment.

Each Kitchen Table Discussion/Yarning Circle will be led by a **Consumer or Carer Host** with a strong community network. If hosting a session online via Zoom or Skype, the host will invite up to six community members to participate.

The Host guides the discussion with a set of questions provided to them. After the session, the host provides their participants’ feedback to Health Consumers Queensland for incorporation into a report to the Central Queensland, Wide Bay, and Sunshine Coast PHN.

**Role of the Host**

As the host, your role will be to plan, coordinate and host a once-only 90-minute to 2-hour discussion with community members. This includes:

* Inviting your participants.
* Choosing a time, date and venue between **25th November** and **12th December** that works for your participants.
* Host the session.
* Complete and provide the discussion feedback to Health Consumers Queensland **by 13th December.**

To support you with this, you will receive:

* **A project briefing and training on how to host a discussion via a Zoom video conference call. Zoom is free to download.**
* A comprehensive Host Guide and toolkit with all printed documentation.
* Questions to ask participants during the discussion.
* Support from Health Consumers Queensland to ensure you have a successful session.

Who are we looking for as Consumer or Carer Hosts?

We would like our hosts to be consumers and have strong community connections to invite a group of 10 participants to their session. Your participants are currently caring for or have supported someone in community and would like to share their experience and knowledge to inform the PHN on what supports and resources are needed.

Hosts and participants will reside in the following locations:

* Emerald, Gladstone, Bundaberg and Noosa regions.

Remuneration and Support

**Hosts –** you will be remunerated at Health Consumers Queensland’s day meeting rate of **$374.00** for hosting an in-person session at a venue of your choosing and $187.00 if hosting an online session. You will also be reimbursed up to a maximum of **$100.00** to cover catering and venue costs for your in-person session (on return of receipts).

**Participants –** Health Consumers Queensland will provide a **$60 Visa Card** for each participant for giving their time to share their stories.

How to apply

**Please complete the online application form here:** [**https://forms.office.com/r/41hk54wAhm**](https://forms.office.com/r/41hk54wAhm)

**Please complete this application form and return it to**[***projects@hcq.org.au***](mailto:projects@hcq.org.au)**by 4.00pm on20th November 2022**

For assistance completing this application please contact Health Consumers Queensland via [projects@hcq.org.au](mailto:projects@hcq.org.au).

For queries relating to this opportunity*,* please email Anne Curtis, Senior Engagement Consultant, Health Consumers Queensland at [anne.curtis@hcq.org.au](mailto:anne.curtis@hcq.org.au)

**Kitchen Table Discussion/Yarning Circle Host Application Form**

**Central Queensland, Wide Bay, and Sunshine Coast PHN**

**Compassionate Communities**

Full name:

Preferred phone number:

Email:

Postal address:

Postcode:

* By completing this application, I consent for my details to be added to the Health Consumers Queensland network database  YES |  NO
* I would like to receive email updates from Health Consumers Queensland  YES |  NO
* Would you like us to retain this application for future vacancies? *(Applications not retained are destroyed once the application process is complete.)*  YES |  NO

Please highlight any group you identify with:

Living with a disability/chronic condition

Aboriginal people and Torres Strait Islander people

Living in rural and remote locations

Young people and older people

Culturally or linguistically diverse people

Carer or caring for a loved one or community member

Do you identify as:  Aboriginal |  Torres Strait Islander |  Both |  Prefer not to state |  Neither

Are you a:  Consumer |  Carer

Age range:  16-24 |  25-29 |  30-39 |  40-49 |  50-59 |  60-69 |  70+

* **In 250 words or less, please describe your community connections and networks that you can draw on to host an inclusive kitchen table discussion or yarning circle.**
* **In 250 words or less, please describe:**

**Why you would like to host a Kitchen Table Discussion or Yarning Circle with people from your community to learn what supports and resources they need to care for a loved one or community member?**